



SAMPLE MINING ROTATIONAL MENU

Breakfast

	MON	TUE	WED	THUR	FRI	SAT	SUN
	Hot /Cold Buffet Plus	Hot /Cold Buffet Plus	Hot /Cold Buffet Plus	Hot /Cold Buffet Plus	Hot /Cold Buffet Plus	Hot /Cold Buffet Plus	Hot /Cold Buffet Plus
Week 1	Croissants Savoury & Sweet	Sauté Mushrooms & Bacon	Plain Omelette	Eggs Mornay	Gammon & Eggs	Eggs Florentine	Minute Steaks
Week 2	Danish Pastries	Sausages in Onion gravy	Special Fried Rice	Poached Eggs	Breakfast Burritos	Lambs Fry & Bacon	Open Choice Omelette
Week 3	Waffles	Savoury Mince	Crumbed Sausages	Savoury Hash Browns	Refried Beans	Black Pudding	Mixed Grill



SAMPLE MINING ROTATIONAL MENU COMPILATION

Morning Tea

	MON	TUE	WED	THUR	FRI	SAT	SUN
	Fruit Platter & Sweet Platter Plus	Fruit Platter & Sweet Platter Plus	Fruit Platter & Sweet Platter Plus	Fruit Platter & Sweet Platter Plus	Fruit Platter & Sweet Platter Plus	Fruit Platter & Sweet Platter Plus	Fruit Platter & Sweet Platter Plus
Week 1	Meat and salad foccacia	Italian Mixed Meat Wrap	Mixed Sandwich	Chicken Schnitzel wrap	Roast Lamb Roll & salad	Turkish bread with dips/ salad	French stick roll with ham and salad
Week 2	Crusty bread rolls with roast beef.	Chicken Caesar Wrap	Bacon and egg frittata	Mixed sandwich	Grilled Chicken Drumstick	Roast Chicken Roll	Ham and salad baguette
Week 3	Egg & Bacon Sandwich	Bacon Lettuce & Tomato Wrap	Roast chicken roll	Home Made Beef & Vege Pasty	BBQ Beef Ribs	Baked Ham Roll	Ham Salad & Mayo Sandwich



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Afternoon Tea

	MON	TUE	WED	THUR	FRI	SAT	SUN
	Sweet selection Cake/biscuit/ energy bar	Sweet selection Cake/biscuit/ energy bar	Sweet selection Cake/biscuit/ energy bar	Sweet selection Cake/biscuit/ energy bar	Sweet selection Cake/biscuit/ energy bar	Sweet selection Cake/biscuit/ energy bar	Sweet selection Cake/biscuit/ energy bar
Week 1	Mixed sandwich	Ham and tomato roll	Beef and salad baguette	Egg salad roll	Chicken mayo Turkish sandwich	Mixed sandwich	Quiche
Week 2	Turkish bread and dips	Beef and salad baguette	BLT wrap	Roast chicken roll	Mixed sandwich	Italian mixed meat wrap	Baked ham roll
Week 3	Quiche	Chicken mayo Turkish sandwich	Mixed sandwich	Ham and tomato roll	Beef and salad baguette	Mini baguette rolls	Mixed sandwich



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Dinner

	MON	TUE	WED	THUR	FRI	SAT	SUN
	Poultry & Game	Reef & Beef	International Flavours	Fish & Pastry	International Flavours	BBQ	Roast
Week 1	Grilled Honey Ham Rib	Rump Steak with Veg/Salad	Smoked Chicken & Penne Pasta	Barramundi & Potato Cakes	Fried Honey Chicken	Beef Rissoles-Pork Sausages, Lamb Chops Potatoes & Salad	Roast Lamb & Mint Sauce
	Spicy Chicken Thighs	Pan Fried Barramundi Veg/Salad	Cajun Pork Chops With Sweet Potato Mash	Beef Wellington	Black Bean Pork & Rice Balls		Baked Corn, Silverside & Apple Sauce
Week 2	Roast Chicken & Bread Sauce	BBQ Steak & Vegetables	Thai green curry	Chicken & Sweet Corn Pie	Thai Noodles & Prawn Stir fry	Chicken Rissoles, Beef Sausages & Pork Steak Potatoes & Salad	Roast Blade & Horseradish Sauce
	Braised Lamb Shank	Garlic Prawn with Pilaff Rice	Mild beef curry	Sea Perch with Garlic Butter Prawns	Homemade Thai Spring Rolls & Combination Fried Rice		Roast Leg of Ham with Roast Vegetables
Week 3	Stir Fry Chicken with Noodles	Grill T-Bone with Dianne Sauce	Lamb Madras & Vegetable Pourkas	Beef Parmigana with Fried Egg	Beef Tacos	Rissoles, German Sausages, BBQ Steaks Potatoes & Salad	Roast Chicken & Pan Gravy
	Braised Rabbit Marengo & Couscous	Banana Perch with Hollandaise and Salad	Thai Chicken Laksa	Seafood Basket	Pork Chilli-con-carn		Roast Leg of Pork & Apple Sauce



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Dessert

	MON	TUE	WED	THUR	FRI	SAT	SUN
	Fruit Platter Plus	Fruit Platter Plus	Fruit Platter Plus	Fruit Platter Plus	Fruit Platter Plus	Fruit Platter Plus	Fruit Platter Plus
Week 1	English Bread & Butter Pudding	Apple Pie	American Baked Cheese Cake	Apple & Cinnamon Cake	Fruit & Jelly	Hot Cinnamon Donuts	Pavlova
	Tiramisu	Vanilla Slice	Panna Cotta	Caramel Tarts	Pecan Pie	Peach Trifle	Sticky Fig Pudding & Butterscotch
Week 2	Orange & Poppy Seed Cake	Apple & Rhubarb Pie	Passionfruit Pavlova	Black Forest Cake	Apple Turn-over	Apricot Pie	Baked Swiss Cheese Cake
	Blueberry Crumble	Steamed Chocolate Pudding	Ice Cream Sundae	Mixed Berry Tart	Vanilla Custard Cake	Strawberry Tarts	Jelly & Ice Cream
Week 3	Chocolate Pavlova	Caramel Cheese Cake	Strawberry Cheese Cake	Banana Crepes	Coconut & Lemon Syrup Cake	Black Cherry Pie	Fruit Flan
	French Apple Tart	Fried Apple and Banana Fritters	Lemon Custard Short Breads	Strawberry Cake	Baked Banana Cheese Cake	Chocolate Mousse	Milk Chocolate Roche